

List of Publications

1. Girishwar Misra and **Shivantika Sharad**, The Search for Authentic Self: A Key Concern of Indian Psychology. In B.Sambasiva Prasad (Ed.) *Consciousness, Gandhi and Yoga: Interdisciplinary East-West Odyssey* of K. Ramakrishna Rao (2013) (pp. 140-176). GITAM University Press & D.K. Printworld.
2. **Shivantika Sharad**, Being an authentic self: Some insights from the lives of Sri Aurobindo and Mahatma Gandhi. In R. M. Matthijs Cornelissen, Girishwar Misra and Suneet Varma (Eds.) *Foundations on Indian Psychology Volume 1: Theories and Concepts* (2011) (pp. 223-245). Pearson: New Delhi
3. Girishwar Misra and **Shivantika Sharad**, Authenticity: A Key to Positivity in Life. In “Authenticity: A Key to Positivity in Life. In A.K. Chauhan & S.S. Nathawat (Eds.), *New Facets of Positivism* (2011) (pp. 3-24). New Delhi: Macmillan
4. **Shivantika Sharad**, Book review of ‘Bridging East-West Psychology and Counselling: Exploring the work of Pittu Laungani (Eds. Roy Moodley, Aanchal Rai and Waseem Alladin, 2010, New Delhi: Sage)’ in *Psychological Studies* (Journal of the National Academy of Psychology, India), Volume 56 (4), Oct.–Dec. 2011, 419-420.
5. **Shivantika Sharad**, Authenticity and the idea of worthy life: Educational implications. In D.K. Bhattacharjee, Anjum Sibia, Prabhat K. Mishra and Sushma Gulati (Eds.) *Psychology and Education: Indian Perspectives* (2010) (pp. 337-350). NCERT: New Delhi.
6. **Shivantika Sharad**, A review article of “Colors of Truth: Religion, Self and Emotions: Perspectives of Hinduism, Buddhism, Jainism, Zoroastrianism, Islam, Sikhism and Contemporary Psychology (Sonali Bhatt Marwaha, Concept Publishing Co.)” in *Psychological Studies* (Journal of the National Academy of Psychology, India), Volume 51, Number 4, 329-330, 2006
7. **Shivantika Sharad**, Girishwar Misra and Nandita Babu, Authenticity and its Implications in the context of teaching-learning. In *Journal of Indian Psychology*, Volume 24, Nos. 1 & 2, 2006, 52-64, Andhra University Press & Publications, Vishakhapatnam.
8. **Shivantika Sharad**, “Rethinking the Identity of Psychology: Consciousness, Indian Psychology and Yoga” in *Psychological Studies* (Journal of the National Academy of Psychology, India), Volume 50, Number 2, 2005, 73-77.
9. **Shivantika Sharad**, A review article of ‘Examining Adolescent leisure time across cultures: Developmental opportunities and risks (Eds. Suman Verma and

Reed Larson)' in *Psychological Studies* (Journal of the National Academy of Psychology, India), Volume 49, Number 4, Oct. 2004, 291-293

Under publication

Shivantika Sharad and Girishwar Misra, Living Truthfully: Gandhi's Search for the Essence of Humanity, GITAM Journal of Gandhian Studies, Volume 4.

Conference Participations

- Presented a paper titled, "Gandhism: A helper or a bar" in Gandhirama- 2012 A Feast of Ideas and a Festival of Art. August 17-22, 2012, ICPR, New Delhi
- Presented a paper titled, "The Experience and Expressions of Authenticity" in the 30th International Congress of Psychology, 22-27 July 2012, Cape Town, South Africa.
- Presented a paper titled "Optimizing Human Potential in Educational Settings: Issues and Challenges" in an International Conference on Enhancing Human Potential: Bio-Psycho-Social Perspectives (15-17 November, 2010) at Panjab University, Chandigarh.
- Presented a poster titled "Images of authenticity in Indian Public Life: Challenges and prospects" in the multi-modal interactive session in the 20th Annual Convention of National Academy of Psychology (12th -15th Dec. 2010) at Jawaharlal Nehru University, New Delhi.
- Presented a paper titled "From Feeling to Revealing: Social Well-being is possible through Authentic Living" in a National Seminar on Aggression and Violence: Challenges for Social Well-being (17-18 March 2010) at Department of Psychology, Jamia Millia Islamia, New Delhi.
- Presented a paper titled "Authenticity, Identity and Well Being: Some insights from a Qualitative Inquiry" in a National Conference on **Perspectives on Identity and Well Being: An Interdisciplinary Dialogue** (7-8 March, 2007) at Zakir Husain College, University of Delhi.
- Presented a paper titled "Real in Relationships: Exploring the Experiences and Expressions of Authenticity" in a National Seminar on Holistic Paradigm in Psychology: Problems and Prospects (10th-11th March, 2006) at Zakir Husain College.
- Presented a paper titled "Towards conceptualizing Authenticity" at the 15th Annual Conference of National Academy of Psychology (March 04-06, 2005) at K.S. Saket P.G. College, Dr. R.M.L. Awadh University, Faizabad.
- Presented a paper titled "Being and Becoming: A Study from person-organization fit perspective" at the 15th Annual Conference of National Academy of Psychology, (March 04-06, 2005) at K.S. Saket P.G. College, Dr. R.M.L. Awadh University, Faizabad.
- Presented a paper titled "Authenticity and Self: Biographical Accounts" in a National Conference on Indian Psychology, Yoga and Consciousness (Dec. 10th -13th, 2004), at Pondicherry.
- Presented a paper titled "Authenticity and the Idea of Worthy Life: Some Educational Implications" in a National Seminar on 'Psychology and the Indian Traditions:

Conceptual and Methodological Issues' at N.C.E.R.T., New Delhi (Dec. 22 –24, 2003). (The paper is under publication).

- Presented a paper on “Contemporary Applications & Practices of Indian Psychology as taught by Lord Krishna in Bhagwad Geeta” in a National Conference on ‘Yoga and Indian Approaches to Psychology’ at Pondicherry (Sep. 29-Oct.1, 2002).

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