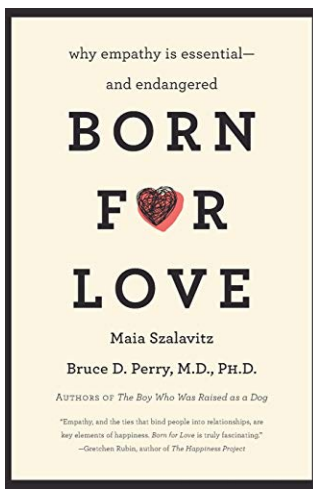


[PDF] Born For Love: Why Empathy Is Essential--and Endangered

Bruce D. Perry, Maia Szalavitz - pdf download free book



Books Details:

Title: Born for Love: Why Empathy Is

Author: Bruce D. Perry, Maia Szalavi

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Description:

Review "Empathy, and the ties that bind people into relationships, are key elements of happiness. *Born for Love* is truly fascinating." (Gretchen Rubin, #1 New York Times bestselling author of *The Happiness Project*)

"Once in awhile a book changes the way I experience the world. This time it's *Born For Love*, by Bruce D. Perry and Maia Szalavitz. Their book explores how children learn to love-or not. No work of fiction is as compelling." (Denver Post)

“An accessible and important work of popular science.” (BigThink.com)

“Strikingly original and thought-provoking, *Born for Love* explores the crucially important role empathy plays in all of our lives. It should be required reading for every parent, partner, and friend.” (Annie Murphy Paul, author of *Origins: How the Nine Months Before Birth Shape the Rest of Our Lives*)

From the Back Cover

Uncover the startling importance of empathy

From birth, when babies' fingers instinctively cling to those of adults, their bodies and brains seek an intimate connection—a bond made possible by empathy, the remarkable ability to love and to share the feelings of others.

In this unforgettable book, award-winning science journalist Maia Szalavitz and renowned child-psychiatrist Bruce D. Perry explain how empathy develops, why it is essential both to human happiness and for a functional society, and how it is threatened in the modern world.

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1. AppleScript in a nutshell: a desktop quick reference. O'Reilly. Perry, Bruce W. Year: 2001. Born for Love is the definitive book on empathy. Renowned psychiatrist Bruce Perry has appeared on Oprah, CNN, National Public Radio's All Things Considered, and other programs as an expert in this hot area of neuroscience, and has been cited as such in Newsweek, the New York Times, and The New Yorker (in a story written by Malcolm Gladwell). He and co-writer Maia Szalavitz explore empathy's startling importance in human evolution and its significance for our children and our society. The authors of The Boy Who was Raised as a Dog present a powerful case that love is essential—and endangered. "Strikingly original and thought-provoking, Born for Love explores the crucially important role empathy plays in all of our lives. It should be required reading for every parent, partner, and friend." (Annie Murphy Paul, author of Origins: How the Nine Months Before Birth Shape the Rest of Our Lives). From the Back Cover. Uncover the startling importance of empathy. It is a well put together book which clearly shows that compassion and empathy are not just some cosy pleasant righteous way of being. They are essential for the survival of the human race. It's that simple. Read more.

Born for Love - Why Empathy Is Essential - and Endangered.epub (361.3 KB). There are currently no comments. Feel free to leave one :) Code You are leaving 1337x to a website that is not affiliated with us in any way. We cannot guarantee for security of a linked website. Tags: Dr. Bruce Perry, Determinants of Health, Neurobiology, Use Dependent Brain Change, Human Contagion, Relational Density, ACEs, Empathy is Endangered, National Council for Behavioral Health. Views: 645. Add Comment. Sign In To Comment. Comments (6). Newest · Oldest · Popular. Pamela Denise LongMember. Written in 2010, Born for Love was praised for using sharp research and detailed case studies to illuminate the individual need for empathy. Yet, they argue, empathy is bigger than individual emotions or relationships; it is also key to the proper functioning of societies and the relations between societies. Empathy is defined as "the action of understanding, being aware of, being sensitive to, and vicariously experiencing the feelings, thoughts, and experience of another." While it is intrinsic to human nature to rely on empathy for survival, it is also a trait that must be nurtured to properly develop. Szalavitz and Perry explain that humans have a "fundamental but developmentally vulnerable capacity for empathy." As Born for Love reveals, recent changes in technology, child-rearing practices, education, and lifestyles are starting to rob children of necessary human contact and deep relationships; the essential foundation for empathy and a caring, healthy society. Sounding an important warning bell, Born for Love offers practical ideas for combating the negative influences of modern life and fostering positive social change to benefit us all. Customers who bought this item also bought. Page 1 of 1 Start overPage 1 of 1. In this unforgettable book, award-winning science journalist Maia Szalavitz and renowned child psychiatrist Bruce D. Perry explain how empathy develops, why it is essential both to human happiness and for a functional society, and how it is threatened in a modern world. xx. User comments. No comments have been posted yet. Post anonymous comment. Comments need intelligible text (not only emojis or meaningless drivel). No upload requests, visit the forum or message the uploader for this. Use common sense and try to stay on topic. Anonymous comments have a moderation delay and show up after 15 minutes. Add comment. Sitefriends.