

Breaking the Habit

Linkin Park

Memories consume like opening the wounds
I'm picking me apart again
You all assume
I'm safe here in my room
Unless I try to start again
I don't want to be the one the battles always choose
'cause inside I realize that I'm the one confused
I don't know what's worth fighting for
Or why I have to scream
I don't know why I instigate
And say what I don't mean
I don't know how I got this way
I know it's not alright
So I'm breaking the habit
I'm breaking the habit tonight
Clutching my cure
I tightly lock the door
I try to catch my breath again
I hurt much more than any time before
I have no options left again
I don't want to be the one the battles always choose
'cause inside I realize that I'm the one confused
I don't know what's worth fighting for
Or why I have to scream
I don't know why I instigate

And say what I don't mean
I don't know how I got this way
I'll never be alright
So I'm breaking the habit
I'm breaking the habit tonight
I'll paint it on the walls
'cause I'm the one at fault
I'll never fight again
And this is how it ends
I don't know what's worth fighting for
Or why I have to scream
But now I have some clarity to show you what I mean
I don't know how I got this way
I'll never be alright
So I'm breaking the habit
I'm breaking the habit
I'm breaking the habit tonight

Breaking the Habit. Memories consume like opening the wounds. I'm picking me apart again. You all assume. I'm safe here in my room. Unless I try to start again. I don't want to be the one the battles always choose. Cuz inside I realize that I'm the one confused. I don't know what's worth fighting for. Or why I have to scream... "Breaking The Habit" is the ninth song on Linkin Park's sophomore album Meteora. It was released as the fifth and final single from the record on June 14, 2004. It's music video is completely animated in the style of a Japanese anime. In March 2003, Mike Shinoda did a track-by-track of Meteora for ShoutWeb. About "Breaking The Habit", he said: ""Breaking The Habit" is a really interesting song. It will stand out to a lot of people as a different sound for us. It's very obviously Linkin Park but there... CDEmI'm breaking the habit tonight. [Bridge]. EmDadd9/F#I'll paint it on the walls.Â BmI'll never be alright. CDSO, I'm breaking the habit. CDI'm breaking the habit. CDEmI'm breaking the habit tonight. X. By helping UG you make the world better and earn IQ. "Breaking the Habit" is a song by American rock band Linkin Park. It is the ninth track from their second studio album, Meteora, and was released as the fifth and final single from the album. The song was a hit; it became the fifth consecutive single from Meteora to reach number one on the Billboard Modern Rock Tracks chart, a feat unmatched by any other artist in the history of that chart. It was also the third single from the album to reach number one on the Mainstream Rock Tracks chart. The song...